

Interested in FREE nutritious food?

The Commodity Supplemental Food Program (CSFP) can help!

What is CSFP?

The Commodity Supplemental Food Program (CSFP) is a USDA nutrition program that offers FREE monthly nutrition information and nutritious foods.

Items in the monthly box include: canned fruit, vegetables, meat, cereal, juice, and cheese

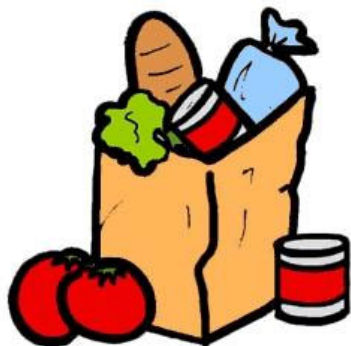
Household	Per Year	Per Month	Per Week
1	\$ 19,578	\$ 1,632	\$ 377
2	\$ 26,572	\$ 2,215	\$ 511
3	\$ 33,566	\$ 2,798	\$ 646
4	\$ 40,560	\$ 3,380	\$ 780
5	\$ 47,554	\$ 3,963	\$ 915
6	\$ 54,548	\$ 4,546	\$ 1,049
7	\$ 61,542	\$ 5,129	\$ 1,184
8	\$ 68,536	\$ 5,712	\$ 1,318
Amount per person above 8	\$ 6,994	\$ 583	\$ 135

Who can receive CSFP?

- United States residents
- 60 years of age or older
- Must meet the income guidelines created by USDA

How to apply:

- Contact or visit your local distribution site
- Complete CSFP application at site
- **Provide proof of age (ID)**
- **Provide proof of address (ID, bill)**



When to apply: _____

Where: _____

Address: _____

Phone number: _____

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, and its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202)720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800)877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866)632-9992.

Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9419;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov

USDA is an equal opportunity provider, employer, and lender.

[updated 1-24] CSFP Site Name	County Served	Address	Phone Number	Contact
Help of Beaufort	Beaufort	1810 Ribaut Rd, Port Royal, SC 29935	843-524-1223	Lori Opozda
Tri-Community Center	Berkeley	1708 Poplar Hill Dr Cross, SC 29436	843-753-2076	Marilyn Fladger
St. Stephen SDA	Berkeley	1167 Forty-One Rd St. Stephen, SC 29479	843-530-2040	Faith Gamble
Bethera Worship Center	Berkeley	2620 Bethera Rd Cordesville, SC 29420	843-499-3033	William Etheridge
Heart to Heart Berkely	Berkeley	104 Behrman St. Moncks Corner, SC 29461	843-899-0877	Delores Mustapher
Helping Hands of Goose Creek	Berkeley	104 B Commerce Place Goose Creek, SC 29445	843-553-7132	Jennifer Jones
Ocean Grove Church	Charleston	6517 Hwy 17 North Awendaw, SC 29429	843-696-0572	Bobbie Gallager
Canterbury House	Charleston	175 Market Street Charleston, SC 29401	843-531-5602	Amber Blalock
Greater Goodwill Church	Charleston	2818 Hwy 17 North Mt Pleasant, SC 29466	843-884-0903	Stella Horry
Sea Islands Blessing Basket	Charleston	2389 Bohicket Rd Johns Island, SC 29455	843-709-1406	Shirley Salvo
Wallingford Presbyterian Church	Charleston	705 King Street Charleston, SC 29403	843-723-9929	Pam Freeman
Our Lady Of Mercy	Charleston	1684 Brownswood Rd Johns Island, SC 29455	843-559-4109	Ryan Vrba
Truth Faith Holiness Church	Charleston	2005 Reynolds Ave North Charleston, SC 29405	843-532-3163	Debra Dixon
Seacoast West Ashley	Charleston	2049 Savannah Hwy, Ste. 20 Charleston, SC 29407	843-375-1089	Becky Lind
Neighbors Together (Tricounty)	Charleston	2105 Cosgrove Ave North Charleston, SC 29405	843-747-1788	Kelley Mitchell
Living Word Ministry (Allen AME)	Charleston	4616 Petersfield Rd. Hollywood, SC 29449	843-303-0679	Ethel Smith
Christ St. Paul Church	Charleston	4981 State Rd. S-10-1160, Yonges Island, SC 29449	843 743-4084	Jill Crocker
Presbyterian Church of Edisto	Charleston	2164 Hwy 174, Edisto Island, SC 29438	803-371-2999	Bonnie Gary
Trident Area Agency on Aging	Charleston	5895 Core Rd. Suite 419 N.Chas SC 29406	843-554-2276	Lavonia Graham
Edgewood Baptist Church	Colleton	138 Wildwood Drive, Walterboro, SC, 29488	843-510-9028	Samantha Lyons
Springtown UMC	Colleton	8807 Augusta Hwy. Smoaks, SC 29481	843-562-8151	Lucille Simmons
House of Prayer and Praise	Dorchester	104 East Main St, Harleyville SC, 29448	843-864-0837	Deveta White
Seacoast Summerville	Dorchester	301 E. 5th North Street, Summerville, SC 29483	843-486-0193	Summer Zimmerman
Shady Grove UMC	Dorchester	9221 Charleston Highway, St. George SC 29477	843-729-4045	Jestine Stephens
St. Cyprian Catholic Church	Georgetown	1905 Front St Georgetown, SC 29440	843-546-1470	Lorraine Riccardi
Catholic Charities Pee Dee	Horry	2294 Technology Blvd Conway, SC 29526	843-438-3247	Audra Naramore
North Strand Helping Hands	Horry	2501 Long Bay Road Longs, SC 29568	843-399-0862	Kelly Johnson
Shepherd of the Sea	Horry	2637 Highway 17 South, Garden City, SC 29576	843-651-7377	Danielle Johnson
Salvation Army of Horry	Horry	1415 2nd Ave, Conway, SC 29526	843-488-2769 ext. 1006	Saundra Rhodes
E&M Foundation/Jasper County Council on Aging)	Jasper	444 Wise Street, Ridgeland SC 29936	843-726-2464	Lavanca Mitchell
Caring and Sharing	Williamsburg	128 W George St Hemingway, SC 29554	843-558-7966	Kay Harmon
Hopewell Senior Daycare Center	Williamsburg	1277 Blakely Rd Salters, SC 29590	843-387-3569	Dottie Evans
St. Mark Bloomingvale	Williamsburg	8292 Thurgood Marshall Hwy Andrews, SC 29510	843-601-4727	Silverteen Mitchum