



Lowcountry Food Bank Nutrition Team Classroom Volunteer Expectations

Classroom Environment	
Expectations	Markers of Success
Build a welcoming atmosphere	<ul style="list-style-type: none"> - Get to know participants' names - Welcome and engage participants as they enter the room - Invite participants to share their goals of the class and incorporate their goals throughout
Demonstrate respect and cultural sensitivity for participants and their life experiences	<ul style="list-style-type: none"> - Invite participants to share their food practices - Modify menus as needed according to dietary preferences/restrictions
Manage inappropriate classroom behaviors or discussions.	<ul style="list-style-type: none"> - Set ground rules to set the expectation of respect and openness - Use ground rules to redirect any negative or unnecessary language - Model positive and inclusive language and behaviors

Class Subject Matter	
Expectations	Markers of Success
Demonstrate and practice LCFB Nutrition Key Messages	<ul style="list-style-type: none"> - Resourcefulness: Utilize tools to create balanced meals on a budget, use the nutrition facts label with confidence, and follow the MyPlate guide - Balance: Focus on building balanced meals and snacks and limiting saturated fat, sodium, and added sugar - Simplicity: Discuss simple swaps and create quick meals - Variety: Practice choosing a rainbow of foods by pairing 3 food groups for meals and 2 food groups for snacks
Present and practice lesson objectives and skills during and beyond the class	<ul style="list-style-type: none"> - Interactive nutrition activities - Use open ended questions - Recipe demonstration with participation when appropriate
Encourage use of tools and skills beyond the classroom	<ul style="list-style-type: none"> - Engage with educational enhancement items during class - Discuss opportunities to engage in key skills - When appropriate, reflect on ways skills were practiced since the previous class

Lesson Preparedness	
Expectations	Markers of Success
Arrive ready	<ul style="list-style-type: none"> - Prepared to teach the lesson upon arrival - Prior to participants arriving, set up classroom for best engagement and classroom management
Communicate clearly with LCFB staff	<ul style="list-style-type: none"> - Coordinate with LCFB Nutrition staff ahead of class to have any materials needed for lesson - Discuss any changes or modifications to the lessons or menus to create the best experience for participants