



Turning Knowledge into Nourishment:

How Donor Investment Powers LCFB's Learning Center

The Lowcountry Food Bank (LCFB) Nutrition Team used federal SNAP-Ed funding—alongside donor support that strengthens our nutrition work—to launch an innovative **Online Learning Center**. This investment expands the impact of every donated dollar by giving partners free, high-quality training that builds skills, confidence, and the ability to create welcoming, nourishing, and inclusive spaces for every neighbor.

Designed with partners in mind, these **on-demand courses** deliver practical tools, real-world guidance, and actionable strategies that can be applied immediately—creating lasting change in food pantries, school markets, classrooms, and community settings across the Lowcountry.



What Donor Support Makes Possible

These courses help partners operate more effectively, support dignified treatment of neighbors, and promote healthier choices long after a single pantry visit.



Understanding Your Neighbor to Create a Welcoming Environment

This course helps staff and volunteers recognize stigma and bias, understand the role of trauma, and use inclusive language to create pantry spaces where neighbors feel respected, safe, and valued.



Balanced Nutrition: A Deep Dive

Focused on nutrition security, this course provides essential nutrition knowledge and practical tips to help neighbors make balanced food choices.

It's ideal for pantry staff, volunteers, and anyone sharing nutrition information with the community.



Choice Pantry/Market Courses

These two courses guide partner agencies and school market teams through every step of setting up and operating a successful choice pantry or market.

Topics include pantry models, welcoming design, shelf stocking, flow and layout, budgeting, food drives, best practices, and volunteer recruitment and training.



Engaging Adult Learners in Nutrition Education

Volunteers play a vital role in sharing nutrition education across LCFB's 10-county service area. This course equips them with effective, hands-on strategies to engage adult learners in pantries, classrooms, and community events.



Food Safety

Required for all partners, this essential course builds confidence in safely transporting, receiving, storing, and distributing food—helping ensure neighbors receive food that is both safe and high quality.





Impact in Action:

Donor Support

With support from LCFB's Learning Center - made possible through strategic investment - April from LCFB partner agency St. Paul's Summerville transitioned her pantry to a choice model.



"That video was so instrumental in giving us ideas," April shared. "The way the videos are put together is easy. I like that you can go through the chapters and pause."

Inspired by the training, April and her team cleaned, painted, updated flooring, and added home décor - transforming the pantry into a space that feels welcoming and dignified. Today, she proudly describes the environment as,

"nice, light, and bright."

Expanding Impact:

Coming Soon



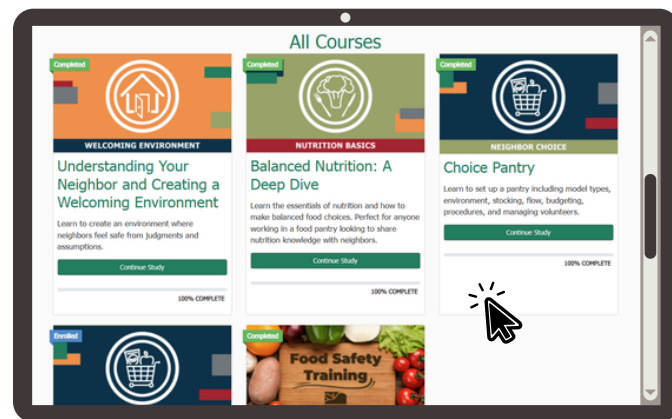
Natural Disaster Training

Developed by LCFB's Agency Relations team, this course prepares pantries to respond to hurricanes, floods, and other emergencies, covering planning, food and facility protection, team communication, and safe reopening.



Nudging Neighbors to Healthy Options

This course introduces simple, evidence-based environmental changes that encourage healthier food choices as neighbors select and prepare meals and snacks.



Scan to discover more