



# Help Nourish Our Community

## Please Donate

In support of Lowcountry Food Bank's Walk to Fight Hunger, we're collecting nonperishable food donations.

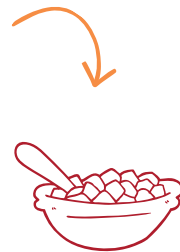
### MOST NEEDED FOODS:



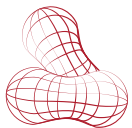
TUNA & CANNED MEATS



WHOLE GRAIN,  
RICE, PASTA, OATS



LOW SUGAR CEREAL



PEANUT BUTTER



100% FRUIT JUICE



LOW SODIUM  
SOUPS & STEWS



CANNED FRUITS &  
VEGETABLES



Learn more about the Walk to Fight Hunger:  
[www.lowcountryfoodbank.org/get-involved/walk](http://www.lowcountryfoodbank.org/get-involved/walk)

Saturday, September 26, 2026 | Wannamaker Park, North Charleston

